

SENIOR GAMES 2012

TRACK & FIELD TIME SCHEDULE

*** Remember this schedule is tentative. If we get behind, we will continue to the next event when we are finished with the current event. If we get ahead, we will avoid moving to the next event as much as possible, due to safety concerns and the fact the some participants may not have arrived yet, based on the time schedule; we ask for your understanding with this.

*** Field Events will be run in flights, so please check-in at the appropriate time to see which flight you have been assigned. We would like to start with the older ages first and progress downwards. We will accommodate athletes that have field event and running events taking place at the same time, as well as other field events.

FIELD EVENTS SCHEDULE

8:30 am	Javelin Standing Long Jump Pole Vault Discus
9:30 am	Long Jump to follow immediately after SLJ
10:30 am	High Jump Shot Put Hammer to follow immediately after Discus
11:00 am	Softball Throw to follow immediately after Javelin Triple Jump
12:00 pm	Football Throw to follow immediately after Softball throw

Award ceremonies for each event will take place once the Official results have been completed. Athletes who are competing in another event will be awarded their medals once they have finished the event they are competing in at the time of the medal ceremony.

RUNNING EVENTS SCHEDULE

**All events will be run from youngest to oldest. Some events such as the 1500 and 800 will be run together if the amount of participants is such that there is no competition within an age group.

8:30 am	1500 Meter Run
8:45 am	5000 Meter Race walk
9:30 am	50 Meter Run
10:15 am	1500 Meter Race Walk
11:00 am	100 Meter Run
11:45 am	400 Meter Run
12:30 pm	800 Meter Run
1:00 pm	200 Meter Run