

November 2011 Idaho Senior Games Newsletter:

Welcome to November! I apologize for missing The October edition of the Newsletter.

It is with great sadness that I inform you that the Treasure Valley Family YMCA will no longer be involved with the Idaho Senior Games. The Idaho Senior Games Board of Directors has elected to run the Games themselves and the Y supports this decision, and wishes the Board the best in this transition.

The New State Event Coordinator is Mike Thornton and his contact number is 208-861-8000. Please welcome Mike as you have welcomed me. It has been a wonderful five years and I will miss all my wonderful Senior Games participants. Thanks and keep working hard. If you have any questions, please feel free to contact me at 208-344-5502 x 270. Jack Ward.....

Please keep in mind that we really want to make the Senior Games Website the main source of information for all of our participants and events. So, if you know someone that is not checking out the website, please let them know about the Newsletter and the website. We are looking into making some changes to our website to make it a more user friendly site and more supportive to our wonderful sponsors. **Also, The Idaho Senior Games are now on FACEBOOK, so come and check us out.**

And now, our Birthday Corner. Happy Birthday to all of our October and November babies:. Again, Happy Birthday to all of our October and November Senior Games participant Birthday babies. We hope that your day is special and enjoyable.

Those of you who are Pool/Billiard enthusiast, our 8-Ball Pool Coordinator, CarlaJean Beers offers a class called Pool 101. If you are interested in improving your game, or if you would like to learn, contact CarlaJean at 841-3041. She does family instruction. CarlaJean is great Pool Ambassador and an awesome instructor, and just an all-around nice person, so give her a call if you wish to learn or improve.

Finally, we are pleased to announce that Idaho Stampede is offering all Idaho Senior Games Participants discount tickets for their April 7, 2012 basketball game. There will be a free throw competition for Seniors during either Halftime or between Quarters, so if you are interested, please contact Mike Thornton at 861-8000. Also, if you are interested in the form to get discount tickets, please contact Mike Thornton.

Have a great month and keep training, because, **“you don’t stop training because you get old, you get old because you stop training”**.