

July 2011 Idaho Senior Games Newsletter:

Welcome to July! We're just one month out from the Senior Games.

REGISTRATION IS NOW OPEN! Register online at www.NSGA.com or www.idahoseniorgames.org.

Attention Archers!!!! Our Archery Competition has been rescheduled from the original date of July 19-20 to July 25. If you have any questions, please feel free to contact Carl Claycomb at 891-4399.

Registration Party!! For those of you who don't feel comfortable registering online or need help registering, there will be a registration party Saturday, July 16, 2011 from 10:00am – 4:00pm at Bandana Running & Walking (5th and Main Street, Boise, ID). There will be staff ready and eager to assist you in registering for this year's 2011 Senior Games!

We are still in need of a coordinator for Racquetball, Badminton, and Shuffleboard. We are also still looking for help with Tennis, Swimming, Track and Field, and the 5k/10k Fun Runs. If you are interested in helping with an event, such as being on an event committee, or even being the head Coordinator, please contact Jack at 344-5502 x 270. The more people we have organizing an event, the easier it will be for those involved and the more efficient and better run event we can provide for the participants.

Please keep in mind that we really want to make the Senior Games Website the main source of information for all of our participants and events. So, if you know someone that is not checking out the website, please let them know about the Newsletter and the website. We are looking into making some changes to our website to make it a more user friendly site and more supportive to our wonderful sponsors.

And now, our Birthday Corner. Happy Birthday to the following July babies: Marcus Hamilton, David Patch, Chuck Ewing, Paul Flanagan, Tom O'Neil, Kendal Green, Hal Tacker, John Post, Jim Throop, Tom Gormley, Deana Zeller, Tom Beltman, Connie VanCleave, Jack Ward, Denny Donoghue, Don Bedlington, Perry Whittaker, Patrick O'Brien, Brad Shaw, Hugh Lewis, Nancy Nelson, Richard Smith, Bob Sesek, Steven Keough, Tom Schowater, Pat Strnad, Tom Hinchcliffe, David Sparks, Kurt Smith, Ray Schnabel, Douglas Pirrone, Stan Chilcott, Betty Reed, Russell Coata Jr., Connie Seymour, Coston Fredrick, Catherine Bishop. Again, Happy Birthday to all of our July Senior Games participant Birthday babies. We hope that your day is special and enjoyable. If I missed someone, please let me know.

Pickleball is now available at the Downtown Y from 9-10am on Tuesdays and Thursdays, with free lessons available. As the weather is now getting colder, this might be a great opportunity for staying in shape, improving your game, or learning something new. Also,

please keep in mind that there is also Pickleball out at the YMCA Homecourt facility in Meridian. Please call 855-5711 for more info.

Reminder, the athlete celebration will be August 12th at Meadow Lake Village, who is one of our fine sponsors. This will be our Athlete BBQ and packet pick-up. The BBQ is part of your registration fee, so come, eat, pick-up your packet, and enjoy the atmosphere with your fellow athletes.

Our Summer Track and Field Training program is now open for registration. We are planning on sending info out to past participants, as well. Training is going on now and you can still sign up. For more info, please contact Jack at 344-5502 x 270. We want to help folks get ready for the Senior Games by offering these two fun opportunities.

And once again remember on Saturday, July 16, from 10am to 4pm, we will have a Senior Games Registration Party at Bandanna Running and Walking, which is located at 5th and Main Street in Downtown Boise. This party is for anyone who does not feel comfortable registering online, is having problems, would rather have someone else register for them, or enjoys going to parties Downtown! We will have computers and helpers ready to help anyone who needs help. If you have already registered and would like to help us, please contact Jack at 344-5502 x 270.

Have a great month and keep training, because, **“you don’t stop training because you get old, you get old because you stop training”**.