

Senior Games Newsletter for March 2009:

Hello Idaho Senior Games participants, coordinators, volunteers, and sponsors. We are starting a monthly newsletter. We hope that this will provide information and news to everyone that we would normally not be in our communications loop. If you have any ideas or suggestions on how to improve this, please let us know.

We have important news for anyone planning to go the National Games in Palo Alto this August. The registration deadline is now March 31st, with the late registration fee starting on April 1st and continuing until the last day of registration, which is April 15th. Please use the link on our website to register for the National Senior Games.

The National Senior Games has started a new online registration, which the Idaho Games is currently working on so that it can be used for our 2009 State Games. The new registration will make things easier for everyone, especially during the National qualifying years. You will be able to register for the Games and order cool stuff to wear and share.

There will be new events in the Idaho Senior Games in 2009. We will be offering Handball at Treasure Valley Fitness, with Bill Morris as the Coordinator. We will also have Taekwondo at the Idaho Taekwondo Training Center, with Larry Duke as the coordinator. We have also added the Football Throw on August 15th during our Track and Field event at NNU in Nampa. We are always open to adding new events, but we have to have a large number of interested people, a facility, volunteers, and a coordinator.

One of the things that make the Senior Games a success and a pleasurable experience for our participants is a large number of volunteers. We need a lot of volunteers, especially for our Track and Field, Swimming, and Tennis events. So, if you are interested in helping when you are not participating, or if you know someone who would be a great addition to our volunteer staff, please check out our volunteer link on the website or contact Jack Ward at 344-5502 x 317.

In June, we will be offering two programs for our 50 and better athletes to help them prepare for the August Games. A Track and Field training session from June 3rd to August 12th, and our Senior Summer Basketball League from June 11th to August 13th. Track and Field will be on Wednesday nights at the Boise High Track from 6-8pm, and the Basketball league will be on Thursday nights from 7-9pm at a site to be determined.

Finally, the Idaho Senior Games is happy to announce that we received two National Recognition Awards during the annual National Senior Games Association (NSGA) meeting in January at New Orleans. We will soon have the pictures up on our website to view.

If you have questions or suggestions, please send them to info@idahoseniorgames.org or call Jack at 344-5502 x317.