

February 2010 Idaho Senior Games Newsletter:

Welcome to February! We are still working on updating the Schedule for the 2010 Senior Games, but please be aware that the dates are as follows: July 27-28 (Archery), August 7 (Triathlon in Emmett), August 13-15, 19-22, and the Metal Bat Softball will be September 18-19 at Willow Lane. We are also happy to announce that NNU has graciously offered, and we have accepted, the use of their Track for our Track Meet on Saturday, August 21, 2010. Pickleball will be held at Borah High on Saturday and Sunday, August 14 and 15, 2010, and Tennis will be held at the same location the following weekend, which is August 21 and 22, 2010.

Notes from the National Senior Games Convention in Houston, Texas, which is the site of the 2011 National Senior Games: The 2011 Houston Games will be on June 16-30, 2011. The only sports to be held outside will be Track and Field, Cycling, Triathlon(the swimming portion will be inside), Golf, and Softball. All of the events other than swimming will be held at the George R. Brown Convention Center. Also, it was announced that the top 4 finishers in each event, except for Tennis, Triathlon, and Golf, will qualify for Nationals. Tennis will take the top 3, Triathletes need to compete and finish, and Golf you must meet the qualifying by score. The Houston Games will have representatives at all of the State Games this summer promoting the 2011 Games. We will have to wait for actual dates when they decide. And, for the second year in a row, the Idaho Senior Games won National Recognition for Excellence awards in Games Packets and Sponsorship Promotion. This is a great honor for the Idaho Senior Games and its participants.

If you are a Swimmer, the YMCA Masters Swim Club is still having practices and once a month they are having swim meets at the West Y. If you are interested in improving your swimming skills, please contact Kevin Everett at 344-5502 x284 for more info. February 20 is the next Masters swim meet.

The results are up on the website, but we are making some adjustments to some of the results, so not all of the results will be available from time to time.

And now, a new segment of the Senior Games Newsletter, our Birthday Corner. Happy Birthday to the following February babies: Lotus DeBelius, Tom Power, David Lee, Karin Thompson, Ken Bruning, Debi Glogower, Wendall Nelson, Rodell Hill, Larry Lafollette, Lane Marie Long, Mark DeMeester, Roger Johnson, Perry Justice, Claude Long, Scott Michaelson. Again, Happy Birthday to all of our February Senior Games participant Birthday babies. We hope that your day is special and enjoyable.

We still have Senior Games T-shirts for \$5, Senior Games Pin for \$2, athletic bags for \$25, or a very nice windbreaker for \$20. Contact Jack if you are interested or come to the Downtown YMCA. So, if you are interest in Senior Games stuff please contact Jack.

Also, if you are a Pickleball player or are interested in Pickleball, a group is meeting on Tuesdays, Thursdays, and Sundays. Contact the Homecourt YMCA at 855-5711 for more information on times.

And finally, if you have some spare time and would like to volunteer helping Jack with checking results and finishing up with the Senior Games paperwork, or any other things that Jack is working on, please feel free to contact him at 344-5502 x270.

If you have any questions or suggestions for the Newsletter, please contact Jack at info@idahoseniorgames.org or at 344-5502 x270.

Have a great month and keep training, because, “you don’t stop training because you get old, you get old because you stop training”.